My summary of audience theories - 250 word rationale.

Walter Mitty audiences in my opinion are described best us reception theory audiences. A movie that is not simply passively accepted by the audience is known as reception theory. The viewer interprets the weaning of the issues bearing dealt with based on their individual cultural background and life experiences. The movie is not simply passively accepted by the audience but can be interpreted depending on an individual's own experiences and outlook. Everyone daydreams and can relate to the theme of this story but not everyone will daydream to the extreme levels dealt with in the film.

You can passively enjoy the exploits of the character in the movie but it is hard to remain disengaged and not become actively involved in what is driving the character to behave in these extreme ways. Although the exploits are enjoyable and quite funny at times, the audience in drawn back to reality and the insecurities of the main character.

It in many ways allows the audience to open up about this phenomena and perhaps encourage discussions about maladaptive daydreaming. This excessive daydreaming is a psychological concept used to describe an extensive fantacy activity and dealing with these issues in the film may encourage the audience to recognize this in himselves and others understand it better and encourage getting professional support.

Realising one’s dreams and working towards them is important for most people but have a balanced and realistic expectation is important and sharing these dreams is an important way of making them reality based and achievable leaving fantacy for the big screen.